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Español (Spanish 0.006 T.3(a)) TJ521 TJ [-8.6(e)i

Commonly Prescribed Opioids are:

- Hydrocodone (Vicodin)
- Oxycodone (Percocet, OxyContin)
- Oxymorphone (Opana)
- Hydromorphone (Dilaudid)
- Morphine
- Codeine

Why are Opioids Dangerous?

Side Effects

Opioids may cause sedation, nausea, vomiting, and constipation.

Dependence

Patients may crave opioids after no longer taking the drug.

Addiction

Brain changes may cause patients to develop an irresistible urge to use opioids.

Withdrawal

Stopping opioids abruptly can cause diarrhea, s

Try to manage pain without opioids first.

Options Include:

Non-Drug Interventions

- Exercise, physical therapy
- Acupuncture, TENS
- Pain medicine consults

Non-Opioid Medications

- Pain relievers like acetaminophen and NSAIDs
- Other classes of medication that relieve certain types of pain