

Procedure Locations:

David H Koch Building
Endoscopy Center
1283 York Avenue, 8th Floor
New York, NY 10065

New York Presbyterian
Hospital
Central Endoscopy Suite
525 East 68th Street, 2nd Floor
Greenberg Pavilion
New York, NY 10065

Lower Manhattan Hospital
Endoscopy Suite
170 William Street, 4th Floor
New York, NY 10038
that you follow the schedule. If you have any questions, call
646-962-4000 or email us at info@lmanh.com



Why Proper Colon Cleaning is Needed Before Your Colonoscopy

Food and liquids can stay in your gut in the way of seeing any problems that may exist, like tumors.

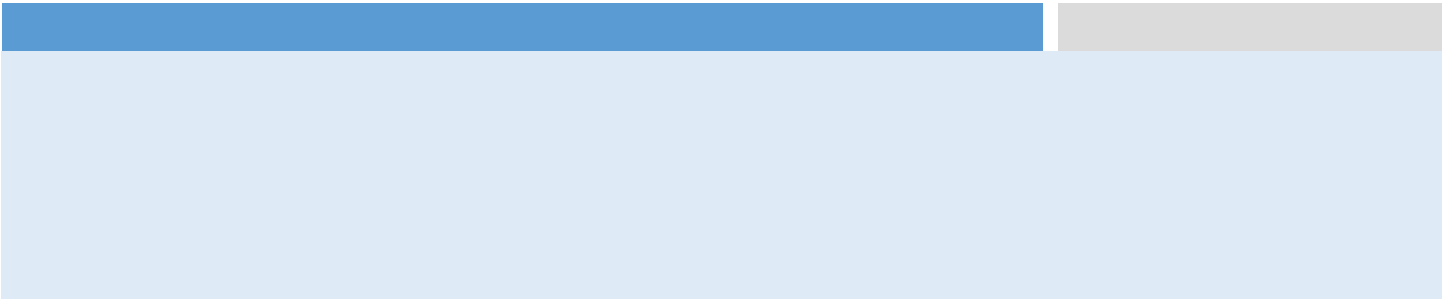
The doctor will get the best pictures of your colon when it is completely empty.

Following these instructions will help ensure that your colon is empty when you come for your procedure.

If your colon is not completely empty, the doctor will not be able to complete the exam. You will need to reschedule the exam and go through the preparation steps again.

Important Contact Info

- If you have questions about your procedure or preparation, call 646-962-4000 Monday-Friday (excluding holidays) 9:00 a.m. – 5:00 p.m.. BDC 0-1.146 TD (•)Tj 0.354 0.07 Tw 2.771



Seven Days Before Your Exam :

Colonoscopy Suprep Preparations Instructions

When to start your bowel preparation depends on the start time of your colonoscopy, please follow the instructions below:

One Day before exam at 5 PM :

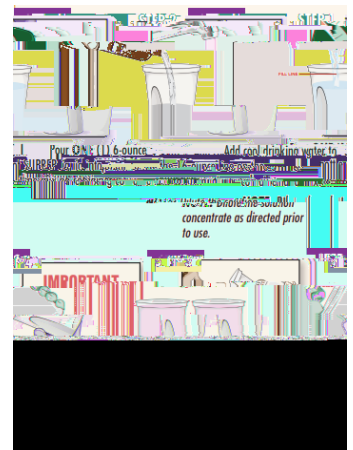
1. Pour one bottle (6-ounces) of Suprep into mixing container
2. Add water to the 16-ounce drinking line on the container and mix
3. Drink all of the liquid in the container
4. Drink 2 more 16-ounce containers of water over the next 1 hour.

- This will cause you to have loose stools. Loose stool may not start until after you finish the next step of the prep
- Continue drinking even if you have diarrhea. You may have nausea – if you do- take a 60 minute break and then restart drinking to be sure your colon is clean.

5 hours before your exam :

1. Take one 250 mg or two 125 mg Gas-X (or generic brand simethicone) pill(s)
2. Pour one bottle (6-ounces) of Suprep into mixing container
3. Add water to the 16-ounce drinking line on the container and mix
4. Drink all of the liquid in the container
5. Drink 2 more 16-ounce containers of water
6. You must finish drinking the mixture within 2 hours.

Do not drink anything including preparation for 3 hours before your exam



All exams

3 hours before your exam :

STOP all prep. Do not drink or eat anything, including water, until your colonoscopy.

This includes mints or candies.

Note: If you drink or eat anything your procedure will be cancelled

You may take your regular medications, unless instructed otherwise by a doctor with, a small sip of water.

