

Procedure Locations:

**David H Koch Building
Endoscopy Center**
1283 York Avenue, 8th Floor
New York, NY 10065

IMPORTANT PLEASE READ DIRECTIONS CAREFULLY AT LEAST 10 DAYS BEFORE YOUR PROCEDURE!

ARE YOU TAKING ANTI-PLATELET MEDICATIONS or BLOOD THINNERS?

Yes No Not Sure
If Yes, please list all medications, doses, and frequencies.
If No, please check the box below.
If Not Sure, please call (800) 462-4000 for assistance.

Commonly prescribed medications:

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|------------------------------------|---|--------------------------------------|---|
| <input type="checkbox"/> Aspirin | (| <input type="checkbox"/> Clopidogrel | (|
| <input type="checkbox"/> Ibuprofen | (| <input type="checkbox"/> Warfarin | (|
| <input type="checkbox"/> Naproxen | (| <input type="checkbox"/> Dabigatran | (|
| <input type="checkbox"/> Tylenol | (| <input type="checkbox"/> Xarelto | (|
| <input type="checkbox"/> Motrin | (| <input type="checkbox"/> Pradaxa | (|
| <input type="checkbox"/> Plavix | (| | |

DO NOT STOP YOUR ASPIRIN UNLESS INSTRUCTED TO DO SO BY YOUR DOCTOR

Do you have a Cardiac defibrillator (AICD) or a permanent pacemaker (PPM) Or Current Cardiac issues?
A clearance letter from your doctor is required for all patients with AICD, PPM, or current cardiac issues.

Yes No Not Sure PPM AICD Current Cardiac Issues

PURCHASING THE PREP

Before your colonoscopy, you will need to pick up & purchase the following prep items:

1. **MIRALAX**- Two Over-the-counter bottles of MiraLAX (238 grams) powder
2. **DULCOLAX**- Over-the-counter laxative tablet, called Dulcolax (not the stool softener type)- four (4) tablets
3. **GATORADE** - Two 32 oz. bottles of Gatorade (if you are **diabetic**, please use a clear diet beverage or diet Gatorade 0 Tw ()Tj-020edi10bl

Seven Days Before Your Exam:

Stop oral iron supplements. You can resume after your procedure.

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Five Days Before Your Exam:

Stop oral iron supplements. You can resume after your procedure.

Two Days Before Your Exam:

You can have a light breakfast

After Breakfast you can only have **clear liquids**, such as Jell-o, popsicles, broth, tea, black coffee and juice

The Day Before Your Exam:

No solid food for the entire day

You can only have **clear liquids**, such as Jell-o, popsicles, broth, tea, black coffee and juice

You cannot eat solid food until AFTER your exam

Water Black coffee or tea	Ginger ale and other Sodas
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You can buy these as needed from the Grocery Store

1 box Chicken Bouillon/broth

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1 bottle Ginger Ale or Clear Juice (**No pulp**)

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